

TEXT-ONLY TRANSCRIPT

DESCRIPTION:

Female narrator sits by herself, looking around and sipping a cup of tea.

There is a plant to her right and table to her left.

She looks to the camera, smiles and places down her cup of tea.

[FEMALE NARRATOR:]

Hello! Let's talk about consent.

Consent means permission or agreement.

Suppose you ask someone if they want a cup of tea.

Maybe they say: *"Yes! I'm in the mood for tea!"*

or *"sure!"*

or *"yes, please."*

If they give one of those responses, it's clear they want tea, right?

So, you'd start boiling water.

If the person says: *"nah"*

or *"no"*

or *"I'm not crazy about tea,"*

would you still give them tea? Probably not.

Next, if you ask them if they want tea and they say: *"hmm, maybe later"*

or *"umm... what kind of tea?"*

or *"tea? I'm not sure...I don't know..."*

You notice that the person is not sure, they are undecided.

They did not directly say "yes" or "no."

Would you give them tea?

Or ask if they prefer water or another drink?

Or offer to make tea later?

If you ask while they are drunk, passed out, sleeping, or unable to respond, would you force them to drink tea?

Those examples of asking someone if they want tea and their “yes” or “no” response is the same idea as sexual consent.

With sex, a person can respond “yes” or “no” or anywhere in between.

Sex can mean vaginal sex, anal sex, oral sex, touching private area, making love, making out.

Anything two people do together, it's important that both people agree and say “yes.”

What's important is that BOTH people are eager, both say “yes” and both really WANT to do it.

Remember, someone can say “no” or disagree.

This is shown through body language and facial expressions, or because they tell you directly.

Full consent means that the decision to have sex is their decision and not influenced by others.

If a person has to be convinced, is that consent? No.

There are many different ways of convincing someone to give permission.

I will give you three examples.

In the first example, it may seem like no big deal.

In the second example, it may feel uncomfortable or shameful.

In the third example, it may be more clear that something is wrong.

All three examples are not OK and they are not ways to ask for consent. I'll show you...

TEXT ON SCREEN: Convincing: Example 1

First example...

The two of us have hooked up before, come on! It's no big deal!

(Role shift) Hmm... (expression of uncertainty)

TEXT ON SCREEN: Convincing: Example 2

Second example...

I treated you to dinner. I thought I'd get sex. You owe me. Come on, come onnnnn....

(Role shift) Ahh... umm... (expression of discomfort)

TEXT ON SCREEN: Convincing: Example 3

Third example...

Seriously? No sex? If you don't have sex with me then we're off.

(Reaction) Uhh...(expression of shock)

If any of these 3 examples happens, it is automatically not consent. Let me explain.

The only reason one person goes ahead and has sex is because the other person wants it.

That doesn't mean they themselves want it.

Also, does the way a person dresses ever mean they want sex? Never.

It doesn't matter if they are wearing a low cut shirt, short skirt, or a revealing dress.

Also, if a person has drugs or alcohol in their system, can they think clearly?

Probably not.

So, if someone is wasted, passed out, unconscious, or asleep, can they give clear consent? No.

If you have sex with someone in one of the states I just described, that can be considered sexual assault or rape, and both are very serious and illegal.

A person can take away permission at ANY time for ANY reason.

It doesn't matter if you two have already had sex in the past.

That's why it's a good idea to check in before and during sex to make sure everyone is comfortable.

Now, sometimes you can't tell what the other person wants because they have not clearly said "yes" or a "no."

While having sex, if you notice that the other person seems unsure or uncomfortable, stop.

Check in and ask how they are feeling.

Take the opportunity to ask questions and work it out.

You can ask:

SCREEN TEXT: Examples of checking in

(Background changes color to black and white to show role shift)

Is this position comfortable? Do you want to switch?

Do you like this? Is it good?

Do you want me to keep going?

Does that hurt?

Tell me if you want me to stop.

Are you OK with me touching this area?

Would you like to do something else?

(Background changes back to normal color)

Now, if the roles are reversed, suppose you realize you want to stop... you can!

Don't wait.

If you aren't comfortable, let your partner know! How?

Here are some ways:

SCREEN TEXT: Examples of saying "no" or expressing what you want

(Background changes color to black and white)

Please stop.

Can you wait a minute?

This doesn't feel right.

Do you mind slowing down?

I changed my mind.

I'm not comfortable with that spot.

You can touch me here, but not there.

I thought I wanted this, but now I don't.

(Background changes back to normal color)

It's important to speak up.

If you don't say anything, the other person won't know how you feel and they may continue.

You can say "no" at ANY time.

It's your body and it's your right.

Communicating during sex helps you feel more connected to other person and can make sex more enjoyable for both of you. Why?

It feels good to know the other person feels good too.

Now that's sexy!

More information and resources on sexual consent will be shown next. Thanks for watching. Bye!

DESCRIPTION: After waving goodbye, female narrator smiles, picks up her cup of tea and takes a sip.

SLIDE TEXT:

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Laci Green “Wanna Have Sex? Consent 101” — <https://youtu.be/TD2EooMhqRI>

Tea Consent —

<https://www.youtube.com/watch?v=oQbei5JGiT8>

DeafHope “Consent is Sexy” —

<https://www.youtube.com/watch?v=KdrbNGmuw0k>

ConsentEd — www.consented.ca